

8TH TOTAL GYM INTERNATIONAL GYMNASTICS TOURNAMENT

Total Gym Club has the pleasure of inviting you and your delegation to participate at the 8th Total Gym International Gymnastics Tournament 2023

<p>COMPETITION DATE</p>	<p>18TH to 20TH AUGUST 2023</p>
<p>EVENT ORGANISER</p>	<p>Total Gymnastique Sdn. Bhd. 1-5B, Jalan PJU 1/3D, SunwayMas Commercial Centre, 47301 Petaling Jaya, Selangor Darul Ehsan, Malaysia Email: totalgymsocial@gmail.com</p>
<p>COMPETITION DIRECTORS</p>	<ul style="list-style-type: none"> • Mike Ng Sik Hoi : +60 12-289 0105 • Sam Thong Chee Wai (AG) : +60 10-778 7867 • Durratun Nashihin Rosli (RG/AGG/GD) : +6019-726 4891
<p>COMPETITION VENUE <u>ARTISTIC GYMNASTICS</u></p>	<p>Sri Kuala Lumpur International School No. 1, Jalan SS 15/7A, 47500 Subang Jaya, Selangor, MALAYSIA</p> <div style="display: flex; justify-content: space-around;">   </div>
<p>COMPETITION VENUE <u>RHYTHMIC GYMNASTICS</u> <u>AESTHETIC GROUP GYMNASTICS</u> <u>GYM DANCE</u></p>	<p>The Summit Subang USJ Persiaran Kewajipan USJ 1, 47600 UEP Subang Jaya, Selangor Darul Ehsan, MALAYSIA</p> <div style="display: flex; justify-content: space-around;">   </div>
<p>COMPETITION EVENTS</p>	<ul style="list-style-type: none"> • ARTISTIC GYMNASTICS (AG) • RHYTHMIC GYMNASTICS (RG) • AESTHETIC GROUP GYMNASTICS (AGG) • GYM DANCE (GD)

<p style="text-align: center;">PROVISIONAL SCHEDULE</p>	<p>Thursday, 17.08.2023</p> <ul style="list-style-type: none"> • Arrival of Delegations <p>Friday, 18.08.2023</p> <ul style="list-style-type: none"> • Arrival of Delegations • Team Managers Meeting • Official Training Sessions (morning) - RG <p>Saturday, 19.08.2023</p> <ul style="list-style-type: none"> • Official Training Session - AG • RG Judges Meeting • RG Tournament <p>Sunday, 20.08.2023</p> <ul style="list-style-type: none"> • AG Judges Meeting • AG Tournament • AGG & GD Judges Meeting • AGG & GD Tournament • TGIGT Gala Dinner <p>Monday, 21.08.2023</p> <ul style="list-style-type: none"> • Departure of Delegations
<p style="text-align: center;">PARTICIPATION FEES</p>	<p>ARTISTIC GYMNASTICS (Limit to 2 teams per club only)</p> <ul style="list-style-type: none"> • USD\$100 / gymnast <p>RHYTHMIC GYMNASTICS (Limit to 20 gymnasts per category)</p> <ul style="list-style-type: none"> • USD\$100/gymnast <p>AESTHETIC GROUP GYMNASTICS</p> <ul style="list-style-type: none"> • USD\$40/gymnast <p>GYM DANCE</p> <ul style="list-style-type: none"> • USD\$40/gymnast <p>Includes:</p> <ul style="list-style-type: none"> - Competition Registration Fees - Medals - Goodie Bags - E-certificate via email
<p style="text-align: center;">GALA DINNER</p>	<p>FEES: USD\$35/person</p> <p>VENUE: The Summit Subang USJ</p> <ul style="list-style-type: none"> • Each club to prepare a group performance • The Gala Dinner will be held on August 20, 2023 in the evening after the competition (*Theme - ANIME/COSPLAY*) • All international & local club delegations are invited

<p style="text-align: center;">VISA</p>	<p>Delegations should check in time if they need visa for entry to Malaysia. Those who need a support letter for visa application please send your request via email to totalgymsocial@gmail.com by JUNE 2023.</p>
<p style="text-align: center;">INSURANCE</p>	<p>The organization will not be held responsible for any liabilities in case of accidents, illness, repatriation, and the like. The Total Gym Technical Regulations foresee that all participating delegations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.</p>
<p style="text-align: center;">ACCREDITATION</p>	<p>Accreditation of all delegations will take place during Team Managers Meeting. During the accreditation Heads of Delegations are required to:</p> <ul style="list-style-type: none"> • check the correct names spelling of their entire delegation. • make passport control of all gymnasts • proof of medical insurance of all delegation members • make music check control • submit personal data protection declaration • make any necessary payments
<p style="text-align: center;">PERSONAL DATA PROTECITON</p>	<p>Personal information of registered gymnasts, coaches, judges and volunteers are used in published official competition protocols, competition´s/federation´s website and in social media channels. By registering to the event, the gymnasts, coaches, judges and volunteers are giving a consent to publish visual materials (photos, videos) on which they might be displayed. In case the person is not consent with the previous, organizer has to be informed in written form by the start of the competition.</p>
<p style="text-align: center;">MUSIC</p>	<p>Music to be submitted via Google Drive. A link will be sent to the email after registration is closed. Music File Format:</p> <ul style="list-style-type: none"> • RG :- Category - Name - Apparatus-Country (ex: U10A-Tahlia Stewart-Ball-MAS) • AGG :- Category - Team Name-Country (ex: Children 10-12-Flower Power-MAS) • GD :- Category - Team Name-Country (ex: Open-Superstars-MAS)
<p style="text-align: center;">JUDGES</p>	<p>Each delegation is kindly requested to send at least 1 certified judge for each discipline</p>

MEALS	Lunch and dinner are not provided but eateries / shopping malls / supermarkets are available around the competition venue.
REGISTRATION	ONLINE REGISTRATION link will be give upon request for entry
DATELINE FOR REGISTRATION & PAYMENT	<p>PRELIMINARY ENTRY - 12th MAY 2023 DEFINITIVE ENTRY & PAYMENT - 18th JUNE 2023</p> <p>All registration must be done through Google Link given. Any queries please email to totalgymsocial@gmail.com</p>
PAYMENT DETAILS	<p>TOTAL GYMNASTIQUE SDN. BHD. Aman Suria, Selangor HONG LEONG BANK BERHAD Account Number: 06100071517 SWIFT code: HLBBMYKL</p>
ACCOMMODATION SUGGESTIONS	<p>Summit Hotel Subang USJ Persiaran Kewajipan USJ 1 47600 UEP Subang Jaya Selangor, Malaysia</p> <p>http://www.summithotelusj.com/index.html</p> <p>NOTE: Delegation are FREE to choose their own accommodation outside LOC suggested hotels.</p>
Media & Promotion	<p>For our online program book we would like to request each club to send us:</p> <ol style="list-style-type: none"> 1. An introduction video of the delegation. <ul style="list-style-type: none"> • Video must be in landscape mode. • Duration of max. 1 minute. • Your own creativity of the video • Due date: 31st July 2023 2. Logo of your club/association in unedited high resolution format. <ul style="list-style-type: none"> • Due date: 31st July 2023 3. Picture of the delegation in unedited high resolution JPEG format in landscape mode with resolution of at least 3000 pixels in height. <ul style="list-style-type: none"> • Due date: 31st July 2023